OTTAWA THERAPY dogs

ANNUAL REPORT

2025

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A Message From Our Leadership:

In the milestone 25th anniversary year for Ottawa Therapy Dogs, I am pleased to share our 2025 Annual Report.

Thanks to the collective support of our community, even more individuals had the opportunity to experience the healing benefits of a therapy dog in the last year. This was made possible through those who believe in the power of our mission, and I want to extend my deepest thanks to those who made it happen:

- **To our donors:** Thank you for your incredible generosity. Your contributions, especially during our anniversary campaign, help provide the resources that enable us to bring comfort and joy to so many.

- **To our handlers and their furry companions:** Thank you for your continued dedication. We are so grateful for the countless hours you and your furry friend spend spreading smiles and joy in the community.

- **To our partner facilities:** Thank you for inviting us in. We are grateful that you open your doors to our teams, recognizing the integral role of canine-assisted interventions in advancing mental health and personal well-being.

Looking back on the success of this past year is a reminder of the many ways Ottawa Therapy Dogs strengthens our community through the human-animal bond. We are honoured to have the opportunity to make a ‘pawsitive’ difference every day in the lives of vulnerable individuals across the National Capital Region.

As we move into our next chapter, we remain committed to deepening our impact, one therapy dog visit at a time. Thank you for being part of our journey and for helping us celebrate 25 years.

With gratitude,

Kathy Bird

Acting Chair of the Board

Ottawa Therapy Dogs

A Year of Impact:

‘Good dogs doing great work!’

Ottawa Therapy Dogs strives to build a healthier community, one therapy dog visit at a time. Through our canine-assisted interventions, volunteer handlers and their dogs provide comfort and relief to people facing personal challenges at 56 partner sites across the city.

2025 was a milestone year for Ottawa Therapy Dogs as we celebrated 25 years of our “Good dogs doing great work”! In recognition of our 25th anniversary, we launched a successful fundraising campaign, shared impact stories from the perspective of health practitioners at some of our partner facilities, and participated in several media appearances to help spread the word about the work we do.

In our Annual Report, we are pleased to share some highlights from the past year as we continue our commitment to making a meaningful difference in the lives of those we serve.

2025 By the Numbers:

1,879

Hours of visits provided in the community

39

Dedicated volunteer teams

56

Partner sites served by our volunteer teams across the National Capital Region

Community Engagement:

Our volunteer teams continue to have a lasting impact through visits and partnerships across Ottawa. Here are some moments that highlight the ways our therapy dog teams engaged with our community beyond our regular programming.

- Isaac extended his role as a therapy dog by serving as a judge for “Shark Tank” at St. James Catholic School, where Grade 3 and Grade 6 students presented their business plans as part of the O.C.S.B. Student Entrepreneurial Program. This was an especially meaningful opportunity, as proceeds from the sale of the products they developed went toward raising funds for OTD.
- Mikka and Macy took part in a special celebration for a longtime teacher at St. Bernard School, reflecting how the “pawsitive” support we provide often extends to staff members at the facilities we visit.
- Our teams provided a special visit to IKEA Canada once again to support staff during their busy back-to-school season, helping them unwind and receive a dose of comfort from our therapy dog teams.
- Artemis celebrated her 100th visit as a volunteer with Ottawa Therapy Dogs. We are so grateful for Artemis and her handler, Rebecca, for their continued dedication as a therapy dog team, providing non-judgmental support to help advance children’s literacy through our Reading Education Assistance Dogs® (R.E.A.D.®) Program.
- Our volunteer teams got into the holiday spirit by taking part in a special event hosted by Access Storage Canada in support of Toy Mountain. Our volunteer handlers and Board Members visited with those who came to drop off toys throughout the evening and helped promote the event during live coverage by CTV and Move 100 Ottawa.

Philanthropic Support:

In honour of Ottawa Therapy Dogs' 25th Anniversary, we set out with a goal of rallying our supporters to raise $25,000 through individual donations. Thanks to our philanthropic partners, we far exceeded this goal. To support individuals interested in fundraising for OTD, we also launched a personal fundraiser guide as a resource to strengthen these efforts. Below are some highlights of philanthropic support from the past year:

- For the seventh consecutive year, Ottawa Therapy Dogs participated in the Tamarack Ottawa Race Weekend as a Desjardins Charity Challenge partner. Thanks to the runners who spearheaded their own fundraisers for OTD, our donors who supported our campaign, and participants who chose to make a contribution to OTD in lieu of their green bib, $3,501.53 was raised.
- Hearty Tails—an equitable social enterprise—continues to support OTD by providing a portion of every sale of their gourmet dog treats towards the work we do in the community. Thank you for providing us with a cheque of $500.
- We launched a fundraiser with Halo Car Wash, where proceeds from every car wash pass went toward our programming, raising $170.
- One of our supporters, Ashley, reached out to launch her own fundraiser through Twitch, raising $360 through her network, reinforcing that every dollar counts in helping us create a positive impact in the lives of others.
- The students of St. James Catholic School chose to direct the proceeds from the sale of their products through the O.C.S.B. Student Entrepreneurial Program to OTD and presented Finn with a cheque at the end of the academic year for $2,982 in support of our mission.
- One of our supporters—GHT Global—provided a contribution of $5000 to help OTD bolster our recruitment efforts.
- Hydro Ottawa provided a contribution of $1,500 toward our recruitment efforts to help us reach more children and youth who could benefit from the healing comfort of a therapy dog.
- Two of our loyal philanthropic partners—Tony Graham Automotive Group and Access Storage Canada—provided $5,000 each in matching funding for our annual Giving Tuesday fundraising campaign. Their support helped us raise an additional $24,406 from our incredible donor community.
- Through the generosity of a private donor and in-kind support from Jack Astor's (Hunt Club), OTD hosted a holiday gathering to recognize the invaluable contributions of our handlers, Associate Members, Evaluators, and Board of Directors.

In The Media

Appearances in the media help Ottawa Therapy Dogs leverage our visibility to raise awareness of our work, share the impact of our programs, and connect with new volunteers and supporters.

CTV News Ottawa:
Meet the therapy dogs who bring joy to Ottawa hospitals, facilities

"When I get to see him, always great for me," says eight-year-old CHEO patient, Phoenix. His favourite part of spending time with Copain is "being able to actually pet him," he says.

Collar of Duty Documentary Series:
Fur-apy in Action: When a Dog Becomes a Hero

"What I really love is being able to see kids light up when they go and see Ann and Lark. What's wonderful about this is that they are volunteers, they aren't medical professionals, they're a familiar comforting face."
-Gabby, Child Life Specialist at CHEO

CTV Your Morning Ottawa:
Today is Giving Tuesday

"We give them (the children) an opportunity to "walk" a dog and to interact with a dog, and to talk with him and have him be a non-judgmental listener."
-Lisa on her visits with Telly at CHEO

Impact Stories:

In the fall of 2025, OTD connected with three health practitioners at facilities we regularly visit, creating an opportunity to hear their perspectives on the impact of our visits. We encourage you to read these stories to learn how our volunteer teams are making a difference from their point of view.

"For kids who have a hard time getting out of bed, Lola often motivates them to start their day by showering, getting dressed and encouraging them to participate in other activities."

-Sonja Smydo, Occupational Therapist at CHEO

Read: ***Lola's Visits: The Special Bond Between Lola and the Kids at CHEO***

"The work that Lorraine and Finn do is so much more than a visit—they are creating legacy and memories for kids and families here."

-Olivia Lourenco, Recreational Therapist at Roger Neilson Children's Hospice

Read: ***Finn Days***

"Some people stay on the floor long term, and seeing the dogs each week really gives them something to look forward to."

-Catharene, Care Facilitator at Queensway Carleton Hospital

Read: ***Providing a Touch of Home***

Our ‘Paw’-tners

Ottawa Therapy Dogs thanks our individual donors and community partners for their generous financial and in-kind support. Their contributions help sustain our programs and ensure we can continue our work now and into the future.

<u>In-Kind Support:</u>

- Carolark the Canine Learning Centre
- Irina Fortey Photography
- The Training Hall
- Jack Astor’s (Hunt Club)

<u>Philanthropic Support:</u>

- Tony Graham Automotive Group
- Access Storage Canada
- Hearty Tails
- GHT Global
- Hydro Ottawa
- Hirchfield Consulting
- Ottawa Kennel Club
- St. James Catholic School
- Senators Community Foundation
- United Way East Ontario
- Princess Warrior Charitable Fund – Ottawa Community Foundation

Our Team

Ottawa Therapy Dogs is deeply grateful to the dedicated individuals—and their furry friends—who volunteer their time to advance our mission in the community. From providing regular visits and supporting strategic planning to helping us onboard new teams and more, our volunteers are at the heart of everything we do.

Staff: Lorraine Douglas (Operations Manager), Jenna Hobin (Fundraising and Communications Consultant)

Current Board of Directors: Kathy Bird (Acting Chair/Secretary), Brendan Johnson (Treasurer), Catrina Barry (Director at Large), Riley McIntyre (Interim Director at Large), Michel Bourassa (Interim Director at Large), Julie Jolicoeur (Interim Director at Large), Peter Wray (Interim Director at Large), Frances Holmes (Interim Director at Large)

Standards and Practices Committee: Catherine Mirsky & Frances Holmes

Evaluators: Catherine Mirsky, Frances Holmes, Ann Lambert, Heather Laundry, Dee Brasseur, Julie Jolicoeur

Associate Members: Judy Beltzner, Dona Bowers, Dee Brasseur, Marie-Adèle Davis, Frances Holmes, Heather Laundry, Julianne Labreche, Karen Luker, Catherine Mirsky, Judy Makinen, Yvonne Makosz, John Rathier, Gordon Stock, Marilyn Stock, Mary Lou Trappitt, Krista Walsh-Murray, Pamela Yarrow

Visiting Therapy Dog Teams

A special thank you to our incredible volunteer teams who are committed to providing 'pawsitive' support to those who need it most in the community.

Gail Barrett & Babette, Caroline Benoit & Mayday, Michel Bourassa & Copain, Lorraine Douglas & Finn, Danielle Dubue & Rikki, Kim Engelbrecht & Cedar, Carole Favron & Phoebe, Marie-Josée Gigoux & Bear, Lisa Jog & Telly, Julie Jolicoeur & Isaac, Tammy Lamb & Macy, Ann Lambert & Lark & Milly, Chris Landry & Remy, Min Landry & Remy, Jenepher Lennox-Terrion & Neil, Sonia Loiseau & Pixel, Danielle McIntyre & Lola, Karen McRae & Tilley, Rebecca Menard & Artemis, Jacquie Minnes & Dollar, Robert Minnes & Dollar, Melanie Mohammed & Grits & Beans, Alison Montpetit & Apollo, Laura Moon & Mikka, Brodie O'Connor & Keeper, Deborah Price & Leela, Theresa Roy & Pierre, Carmen Séguin-Bernatchez & Ruka, Mike Shahin & Lucky, Bob Simpson & Keaton & Pixel, Beverley Turner & Swift, Kevin Whelan & Douglas, Peter Wray & Lucie, Cathy Wyatt & Cider & Denzel, Debra Yaworski & Kaos

OTTAWA THERAPY DOGS

FINANCIAL STATEMENTS

FOR THE YEAR ENDED DECEMBER 31, 2025

FROUIN
GROUP

To the Members of:
Ottawa Therapy Dogs
Ottawa, ON

INDEPENDENT PRACTITIONER'S REVIEW ENGAGEMENT REPORT

We have reviewed the statement of financial position of Ottawa Therapy Dogs as at December 31, 2025 and the statements of operations and changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements
Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Practitioner's Responsibility
Our responsibility is to express a conclusion on the accompanying financial statements based on our review. We conducted our review in accordance with Canadian generally accepted standards for review engagements, which require us to comply with relevant ethical requirements.

A review of financial statements in accordance with Canadian generally accepted standards for review engagements is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less in extent than, and vary in nature from, those performed in an audit conducted in accordance with Canadian generally accepted auditing standards. Accordingly, we do not express an audit opinion on these financial statements.

Other Matter
For the 2024 fiscal year end, the financial statements for Ottawa Therapy Dogs were not subject to a review or audit.

Conclusion
Based on our review, nothing has come to our attention that causes us to believe that the financial statements do not present fairly, in all material respects, the financial position of Ottawa Therapy Dogs as at December 31, 2025, and the statements of operations and changes in net assets and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Frouin Group

Frouin Group Professional Corporation
Ottawa, Ontario
May 4, 2026

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OTTAWA THERAPY DOGS

STATEMENT OF FINANCIAL POSITION

AS AT DECEMBER 31, 2025

		2025		2024
ASSETS				
CURRENT ASSETS				
Cash	**$**	**92,784**	$	93,685
Accounts receivable		**887**		450
HST rebates receivable		**787**		372
Prepaid expenses		**1,768**		1,137
		96,226		95,644
INVESTMENTS (Note 3)		**197,008**		186,519
TOTAL ASSETS	**$**	**293,234**	$	282,163
LIABILITIES AND NET ASSETS				
CURRENT LIABILITIES				
Accounts payable and accrued liabilities	**$**	**9,580**	$	6,546
NET ASSETS				
Unrestricted		**283,654**		275,617
TOTAL LIABILITIES AND NET ASSETS	**$**	**293,234**	$	282,163

APPROVED ON BEHALF OF THE BOARD:

Director Kathy Bird

Director [signature]

(See accompanying Notes to Financial Statements)

PREPARED WITHOUT AUDIT

OTTAWA THERAPY DOGS

STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS

FOR THE YEAR ENDED DECEMBER 31, 2025

	2025	2024
REVENUES		
Donations	$ 71,328	$ 56,069
Investment income	11,856	17,559
Sponsorship	11,500	10,000
Grants	8,203	42,333
Corporate visits	3,500	1,500
Membership	1,975	2,365
Other revenue	318	780
	108,680	130,606
EXPENSES		
Salaries and employee benefits	69,560	65,758
Contractors	15,719	19,465
Professional fees	4,000	0
Administration	3,725	6,452
Software and subscriptions	2,936	1,619
Marketing	1,716	2,535
Insurance	1,314	1,297
Program	936	4,744
Member events	737	368
	100,643	102,238
EXCESS OF REVENUES OVER EXPENSES FOR THE YEAR	8,037	28,368
NET ASSETS, beginning of year	275,617	247,249
NET ASSETS, end of year	$ 283,654	$ 275,617

(See accompanying Notes to Financial Statements)

PREPARED WITHOUT AUDIT

OTTAWA THERAPY DOGS

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED DECEMBER 31, 2025

	2025	2024
CASH FLOWS FROM OPERATING ACTIVITIES		
Excess of revenues over expenses for the year	$ 8,037	$ 28,368
Changes in non-cash working capital balances:		
Accounts receivable	(852)	(184)
Prepaid expenses	(631)	(827)
Accounts payable and accrued liabilities	3,034	2,504
	9,588	29,861
CASH FLOWS FROM INVESTING ACTIVITIES		
Net investment activity	(10,489)	(36,519)
CASH FLOWS FROM FINANCING ACTIVITIES		
Change in unrestricted net assets (Note 5)	0	20,433
NET CHANGE IN CASH	(901)	13,775
CASH, beginning of year	93,685	79,910
CASH, end of year	$ 92,784	$ 93,685
REPRESENTED BY:		
Cash	$ 92,784	$ 93,685

(See accompanying Notes to Financial Statements)

PREPARED WITHOUT AUDIT

OTTAWA THERAPY DOGS

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED DECEMBER 31, 2025

1. ORGANIZATION

Ottawa Therapy Dogs (the "Organization") strives to create a healthier community, one therapy dog visit at a time. Through the Organization's canine-assisted interventions, volunteer handlers work with their own dogs to provide comfort and relief to individuals struggling with personal challenges.

The Organization was incorporated without share capital on May 23, 2003, and is a registered charitable organization under Section 149(1)(f) of the Canadian Income Tax Act. As such, it is not subject to income tax.

2. SIGNIFICANT ACCOUNTING POLICIES

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO) in Part III of the CPA Canada Handbook, and include the following significant accounting policies:

a. Revenue recognition
The Organization follows the deferral method of accounting for contributions. Restricted contributions and grants are recognized as revenue in the period in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Membership, corporate visit and sponsorship revenues are recognized as services are rendered and collection is reasonably assured.

b. Use of estimates
The preparation of financial statements in accordance with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenditures during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. These estimates are reviewed periodically and adjustments are made to income as appropriate in the year they become known.

2. SIGNIFICANT ACCOUNTING POLICIES (continued)

c. Financial instruments

Financial assets, including cash, accounts receivable, and liabilities, including amounts payable, are initially recognized at fair value and subsequently measured at cost or amortized cost.

The Organization carries its investments at fair value. Any gains or losses, realized and unrealized, are recorded in revenue.

d. Contributions in-kind

Volunteers contribute many hours each year to assist the Organization in carrying out its mission. Because of the difficulty of determining their fair value, contributed services are not recognized in the financial statements.

3. INVESTMENTS

The Organization's investments are held in the Ottawa Therapy Dogs Fund, an endowment fund administered by the Ottawa Community Foundation. The term-endowment fund agreement allows the Organization to access all or a portion of the capital, as long as one year's notice is provided to the Ottawa Community Foundation. Each year, 4.25% is granted back to the Organization from the endowment without accessing the original capital. During the year, $7,203 (2024: $7,133) was requested to assist with operations.

4. FINANCIAL INSTRUMENTS

The Organization is exposed to various risks through its financial instruments. The following analysis provides a measure of the risks at December 31, 2025.

a) Credit risk

The Organization is exposed to credit risk resulting from the possibility that parties may default on their financial obligations. The Organization's maximum exposure to credit risk represents the sum of the carrying value of its cash, investments, and accounts receivable.

4. FINANCIAL INSTRUMENTS (continued)

a) Credit risk (continued)
Credit risk associated with cash is minimized by placing this asset with a Canadian chartered bank in a current account. Investments are held with a reputable charitable organization known for its asset management expertise. Accounts receivable consists of amounts owing from the government and another registered charity. It is management's opinion that the Organization is not subject to significant credit risk from its financial assets.

b) Liquidity risk
Liquidity risk is the risk that the Organization cannot meet a demand for cash or fund its obligations as they become due.

The Organization manages its liquidity risk by regularly monitoring forecasted and actual cash flow and financial liability maturities. Accounts payable are normally paid within 30 days.

c) Currency risk
Currency risk refers to the risk that the fair value of instruments or future cash flows associated with the instruments will fluctuate relative to the Canadian dollar due to changes in foreign exchange rates.

The Organization's functional currency is the Canadian dollar. The Organization does not enter into foreign currency transactions and does not use foreign exchange forward contracts.

d) Interest rate risk
Interest rate risk refers to the risk that the fair value of a financial instrument or future cash flows associated with the financial instruments will fluctuate due to changes in market interest rates.

The Organization is not exposed to significant interest rate risk.

e) Other price risk
Other price risk refers to the risk that the fair value of financial instruments or future cash flows associated with the instruments will fluctuate because of the changes in market prices (other than those arising from currency risk or interest rate risk), whether those changes are caused by factors specific to the individual instrument of its issuer or factors affecting all similar instruments traded in the market.

The Organization is exposed to other price risk on its investments.

5. IMPACT OF THE CHANGE IN BASIS OF ACCOUNTING

These financial statements are the first financial statements for which the Organization applied Canadian accounting standards for not-for-profit organizations. First-time adoption of this new basis of accounting had no impact on the Organization's excess of revenues over expenses for the year ended December 31, 2025 or on the net assets as at January 1, 2025, the date of transition.

Adjustments to net assets that would have been required prior to the date of transition have been reflected as a change in unrestricted net assets on the Statement of Cash Flows.

Thank You!

On behalf of Ottawa Therapy Dogs, thank you to our donors, supporters, volunteers, partners and friends in the community who contributed to a successful 2025. We are so grateful for your loyal support.

info@ottawatherapydogs.ca

www.ottawatherapydogs.ca