

Working with Children & Youth with Autism & Anxiety



Autism in Canada is on the Rise



According to the latest estimate (March 2014) of the Centre for Disease Control (CDC), 1 in every 68 children is born with an Autism Spectrum Disorder (ASD). This results in approximately 515,000 Canadians living with ASD. The figure does not take into account the numerous family members and caregivers whose lives are affected by autism.

A CTV News report (May 2, 2013) says that "As autism rates rise in Canada, doctors search for answers." The most comprehensive report on rising rates has come from the National Epidemiologic Database for the Study of Autism in Canada. Released last year, it found increases in autism diagnoses in Prince Edward Island, Newfoundland and Labrador and southeastern Ontario. The increases range from 39 to 204 per cent, depending on the region and age group. [Read more...](#)

Local Support and Information

- [Autism and Behavioural Science, Algonquin College](#)
- [Autism Ontario](#)
- [CHEO's Autism Intervention Program of Eastern Ontario \(AIP-EO\)](#)

Paper

- [Teaching Students with Autism Spectrum Disorders Dealing with Stress and Anxiety](#)

Video

- [WAVE Training Autism Inclusion 101 2014](#)

Other Resources

Autism Canada: Changing the Course of Autism

Visit Autism Canada Albums to [learn more...](#)

Videotaped Case Study

- [Effects of Animal-Assisted Therapy on Autism \(Video 1 of 5\)](#)
- [Effects of Animal Assisted Therapy on Autism \(Video 2 of 5\)](#)
- [Effects of Animal Assisted Therapy on Autism \(Video 3 of 5\)](#)
- [Effects of Animal Assisted Therapy on Autism \(Video 4 of 5\)](#)
- [Effects of Animal Assisted Therapy on Autism \(Video 5 of 5\)](#)

Ottawa Therapy Dogs teams can provide personalized, receptive, adaptable and high-quality support services in various settings that compliment existing programs. Activities can be designed to calm children or youth who experience anxiety due to noise, light, touch, and smell or to help in the development of social skills.

Before teams are placed, OTD's Volunteer Coordinator and the OTD team meet with staff to set goals and safety considerations. OTD teams play a significant role in monitoring and tracking progress.

Prepared by Joanne Moss, B.A.
Autism Project Team Leader

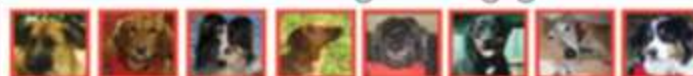
Ottawa Therapy Dogs
99-1568 Merivale Road, Suite
#369 Ottawa, Ontario K2G 5Y7

613.261.6834
info@OttawaTherapyDogs.ca
<http://www.ottawatherapydogs.ca>

OTD Toolbox Infosheet #17:



Good dogs doing great work!



ottawatherapydogs.ca